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# Untitled

*After Ross Gay's Book of Delights*

I feel like today is really chill. I woke up feeling undelightful and really mad. I was not ready to get up at all but on the bright side I had a smoothie to wake up. The smoothie was the perfect amount of frozen and the taste was exquisite. The flavor reminded me of smelling the fresh air on a sunny beach in California or the scent of fresh lime in Cuba. After I drank it I already smelled the scent of fresh paint in the school (the watercolors were so vibrant and so were the smiles of the ones I made—laugh—). The flavor of the noodles I ate at lunch was delicious. It felt like people kept instructing happiness into my taste buds.

